


GENERAL POPULATION PREVENTIVE MEDICINE GUIDELINES

 <p style="font-size: small;">BlueCross BlueShield of Louisiana An Independent Licensee of the Blue Cross and Blue Shield Association</p>	TABLE 1: BIRTH TO 10 YEARS*
PERIODIC HEALTH EXAMINATION RECOMMENDATIONS	
SCREENING	
Blood pressure	Ages 3-10 years at each visit
Head circumference	Newborn - age 24 months at each visit
Height and weight	Calculate and plot BMI at each visit
Hemoglobin and hematocrit	Once during infancy (age 9-12months)
State mandated newborn screening panel	Birth
Urinalysis for bacteriuria	Once between age 4-6 years.
Vision screen	Age 3-4 years
IMMUNIZATIONS	
Diphtheria-tetanus-acellular pertussis (DTaP)	Ages 2, 4, 6 and 12 -18 months, once between age 4 - 6 years.
Hepatitis A	Age 12 - 23 months, with 2nd dose administered at least 6 months apart.
Hepatitis B	Birth, 1 month, 6 months, or 1-2 months later and 6 -18 months.
H. influenza type b (Hib) conjugate	Ages 2, 4, 6 and 12 -15 months; no dose needed at 6 months if PPP-OMP vaccine used for first two doses.
Influenza	Annually, ages 6 months - 10 years. Administer 2 doses, ≥ 4 weeks apart, to children ages 6months to 8 years who are receiving influenza vaccine for the first time, or who were vaccinated for the first time last season but only received one dose.
IPV (polio vaccine)	Ages 2, 4, 6 - 18 months, and once between age 4 - 6 years.
Measles-mumps-rubella (MMR)	Age 12 -15 months and 4 - 6 years.
PCV (pneumococcal vaccine)	Ages 2, 4, 6 months, and once between 12 -15 months. Ages 24-59 months, administer one dose of PCV to healthy children having any incomplete schedule.
Rotavirus	Ages 2, 4 and 6 months. Do not start the series later than 15 weeks. All doses should be administered by 8 months of age.
Varicella	Age 12 -15 months, and once between age 4-6 years. Include information on risk in adulthood, duration of immunity and potential need for booster doses.
CHEMOPROPHYLAXIS	
Ocular prophylaxis	Birth
COUNSELING	
Injury Prevention	Substance Abuse
Burn prevention	Anti-tobacco message
Cardiopulmonary resuscitation	Effects of passive smoking
Choking Prevention	
Drowning prevention	Dental Health
Fall Prevention	Advice about baby bottle tooth decay
Firearm safety	Floss, brush with fluoride toothpaste daily
Poison Prevention/Poison control phone number	Regular visits to dental care provider
Safe sleep environment	
Sports safety	Diet and Exercise
Traffic safety	Regular physical activity
Water safety	Breast-feeding, iron-enriched formula and foods for infants and toddlers
	Limit fat and cholesterol; maintain caloric balance; emphasize grains, fruits and vegetables for ages > 2 years
<p>* Schedule 2, 4, 6, 12, 18 months, 4-6 years: Six visits are required for immunizations. Because of lack of data and differing patient risk profiles, the scheduling of visits and the frequency of the individual preventive services listed in this table are left to clinical discretion, except as indicated.</p>	