




Lead with Generics

Prescription Step Therapy Program



Here's How It Works

The next time your doctor writes you a prescription in one of the drug classes identified for our program:

-  Ask if a generic option (Step 1) drug is right for you.
-  If you've already tried a generic option, or if your doctor decides one of these generics is not right for you, your physician may call 1.800.842.2015 to request an authorization for a brand-name (Step 2) drug.
-  If your physician's request for a brand-name drug does not meet the necessary criteria to start a brand-name drug (without you first trying a Step 1 drug), or if you simply choose a brand-name drug from our *Lead with Generics* program without first trying a generic option, the brand-name drug will not be covered under your benefits.

If You Are Already Using a Brand-Name (Step 2) Drug

If you are already taking a brand-name drug identified in our *Lead with Generics* program when the program is first implemented on your benefit plan, you are not required to change to a generic option. However, you are required to try a generic option for any new drug prescribed after the start of the program, if your treatment calls for Step 2 drugs included in our *Lead with Generics* program.



Step Therapy Drug Classes	Example Generic Options (STEP 1 DRUGS)	Example Brand-Name Drugs (STEP 2 DRUGS)
Blood Pressure Medications	Benazepril, Enalapril, Lisinopril, Quinapril, Ramipril, Trandolapril	Altace® (tablet), Atacand®, Avapro®, Benicar®, Cozaar, Diovan®, Micardis®, Tekturna®, Teveten®
	Amlodipine/Benazepril, Benazepril/HCTZ, Lisinopril/HCTZ, Quinapril/HCTZ	Atacand HCT®, Avalide®, Azor®, Benicar HCT®, Diovan HCT®, Exforge®, Exforge HCT®, Hyzaar®, Micardis® HCT, Tekturna HCT®, Teveten HCT®
Cholesterol Medications	Lovastatin, Pravastatin, Simvastatin	Altoprev®, Advicor®, Caduet® (10mg and 20mg), Crestor® (5 mg), Lescol®, Lescol XL®, Lipitor® (10 mg, 20 mg), Simcor®, Vytorin® (10mg/10mg)
Depression Medications	Citalopram, Fluoxetine, Sertraline, Paroxetine, Venlafaxine	Cymbalta®, Effexor XR®, Lexapro®, Luvox CR®, Pexeva®, Pristiq®, Prozac Weekly®, Venlafaxine ER®
Stomach Acid Medications	Omeprazole, Pantoprazole	Aciphex®, Kapidex®, Nexium®, Prevacid®, Zegerid®
Pain Medications	Diclofenac, Ibuprofen, Indomethacin, Ketorolac, Meloxicam, Naproxen, Naproxen Sodium	Arthrotec®, Celebrex®
Respiratory/ Allergy Medications	Fluticasone, Flunisolide	Astelin®, Astepro®, Beconase AQ®, Nasacort AQ®, Nasonex®, Omnaris®, Patanase®, Rhinocort Aqua®, Veramyst®
	Fexofenadine	Allegra-D®, Clarinex®, Clarinex-D®, Singulair®, Xyzal®
Sleep Medications	Zaleplon, Zolpidem	Ambien CR®, Edluar®, Lunesta®, Rozerem®

