

Select Prescription Drugs with Over-the-Counter Options Excluded from Coverage

Each year, as new drugs are approved or older drugs change in price, we make changes to how they are covered under our plans. We also remove drugs from coverage, if needed. We make these changes to keep costs down, while still allowing choices in care.

About this list:

This sheet explains which prescription drugs with over-the-counter options are not covered for most Blue Cross or HMO Louisiana, Inc. plans. This is not a full list of drugs that are not covered. Please read your plan booklet for more about excluded drugs, as benefits may vary by group and individual plans.

| Health Condition | Drug Not Covered | Over-the-Counter Options |
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| <i>Health problems the drug may treat.</i> | <i>These drugs are not covered because they have over-the-counter options.</i> | <i>You can buy these drugs over the counter.</i> |
| Acne | benzoyl peroxide products 10% or less strength and combination products (including those with salicylic acid) Examples: BENZEFOAM™ and BENZEFOAMULTRA™, BENZEPRO® products, BENZAC AC® and BENZAC W®, VANOXIDE® HC | Store-brand benzoyl peroxide and salicylic acid products, CLEAN & CLEAR® products, NEUTROGENA® products, PANOXYL® products, BPO products, CLEARASIL® products, STRIDEX® products |
| Allergies* | Brand Nasal Steroids BECONASE AQ®, NASONEX®, OMNARIS®, QNASL®, RHINOCORT AQUA®, ZETONNA® | Store-brand fluticasone nasal spray, FLONASE® ALLERGY RELIEF, FLONASE® SENSIMIST™, NASACORT® ALLERGY, RHINOCORT® ALLERGY |
| Dandruff | Salicylic acid products Examples: KERALYT® products, SALEX® products, SALACYN Selenium sulfide products Examples: SELRX® shampoo, TERSI foam | Store-brand shampoos and solutions, NEUTROGENA® T/SAL® & T/GEL®, SELSUN BLUE® products |
| Dry Skin | Ammonium lactate products Examples: LAC-HYDRIN® (cream and lotion) Urea containing products Examples: ALUVEA™ cream, REA LO 40®, UTOPIC™ cream | Various store-brand moisturizers lotions or creams, AMLACTIN® products, EXCIPIAL™ products, KERASAL® products |



Louisiana



HMO Louisiana

Heartburn*

Brand Stomach Acid Reducers

ACIPHEX®, ACIPHEX® SPRINKLE™,
DEXILANT™, ESOMEPRAZOLE STRONTIUM,
NEXIUM® DR CAPSULE, PREVACID®,
PRILOSEC®, PROTONIX®, ZEGERID®

Store brand lansoprazole or
omeprazole, NEXIUM® 24HR,
PREVACID® 24HR, PRILOSEC OTC®

Pain*

Oral Pain Medication

NAPRELAN® and naproxen sodium er/cr

Store brand naproxen, ALEVE®,
MEDIPROXEN

Key: BRAND medications are listed in UPPER CASE and generics in lower case.

*Added to this list effective Jan. 1, 2018.