



HEALTH PLAN FOR STATE OF LOUISIANA EMPLOYEES AND RETIREES

2022 AMENDMENT

This Amendment is issued by the Plan Administrator for the Plan documents listed below, effective on and after 02/01/2022.

**Impacts Benefit Plans: 40HR1607 R01/22, 40HR1695 R01/22, 40HR1697 R01/22,
40HR2027 R01/22 and 40HR2031 R01/22**

These sections of the Benefit Plan are hereby revised:

Article XVI. LIMITATIONS AND EXCLUSIONS

Section J.6 of the LIMITATIONS AND EXCLUSIONS ARTICLE is hereby supplemented by adding the following language:

6. Over the counter COVID-19 test kits (at home COVID tests) are excluded through medical benefit. Safe harbor not applicable. Claims will only be processed through the group's carved out Pharmacy Benefit Manager.

**Impacts Benefit Plans: 40HR1607 R01/22, 40HR1695 R01/22,
40HR2027 R01/22 and 40HR2031 R01/22**

Article XIV. OTHER COVERED SERVICES, SUPPLIES OR EQUIPMENT

Section F. of OTHER COVERED SERVICES, SUPPLIES OR EQUIPMENT ARTICLE is hereby revised by the following redlined language

F. Bariatric Surgery Benefit (in a program approved by the Plan Administrator)

The Plan Participant is also required to satisfy the following requirements:

- i. To complete a four (4) month pre-operative period which begins on the date the Plan Participant is approved for enrollment in the Bariatric Surgery Benefit. (Note that Plan Participants who enrolled in 2021 must complete a five (5) month pre-operative period). During the four (4) month pre-operative period, the Plan Participant must:
 - (1) undergo a medically supervised weight loss program that is directed by the approved bariatric surgeon or bariatric surgery center. There is no minimum required length of time for the weight loss program;
 - (2) undergo nutritional counseling—including pre-operative nutritional assessment—and counseling about pre-operative nutrition, eating, and exercise; and
 - (3) undergo a psychological assessment performed by a licensed, professional mental health practitioner and obtain clearance of the Plan Participant's ability to understand and adhere to the pre-operative and post-operative program.
- ii. To undergo other routine testing and evaluation(s) such as lab work, radiology services, respiratory services, nutritional consults, and psychological consults as directed by the treating Provider to ensure appropriateness of Bariatric Surgery.

7. Services to treat medical complications of the Primary Service under Article XIV, Section F are covered after the date of Surgery under the terms of this Benefit Plan.

ALL OTHER PROVISIONS NOT CHANGED BY THIS AMENDMENT REMAIN IN FULL FORCE AND EFFECT.