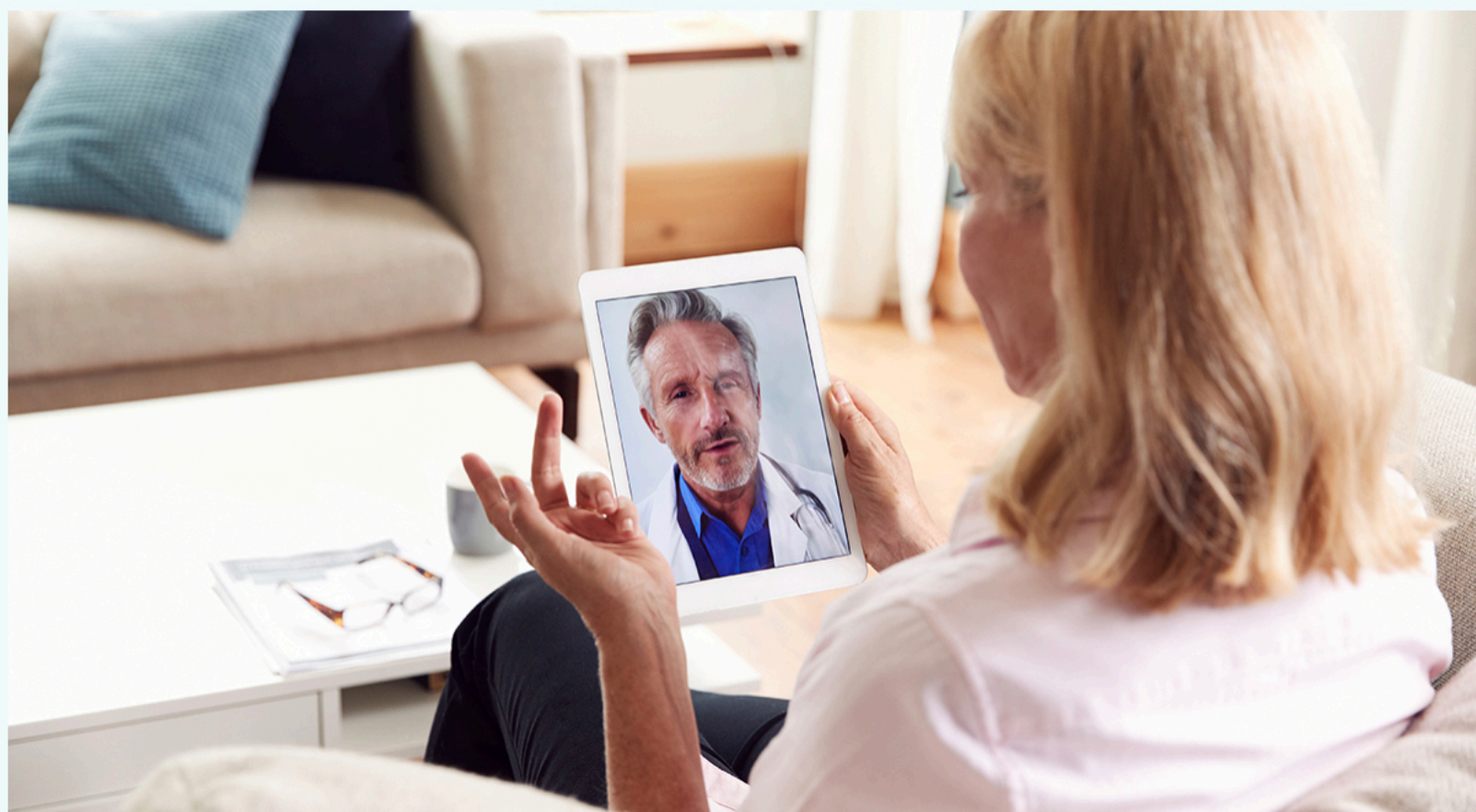




Louisiana

Blue Advantage (HMO) | Blue Advantage (PPO)



The Doctor Will See You Now (From Home)

You may be wondering how you can keep up with visits with your primary care provider while staying safe at home. The good news is that many providers offer telehealth visits you can do online from your computer, smartphone or tablet. And if you use a provider in the Blue Advantage network, your visit will have a \$0 copay.

Your primary care provider may have already reached out to you about telehealth, but if not, now is the perfect time for you to call their office to see if online visits are available to you.

While you may be hesitant to try telehealth, the actual appointment is very similar to what you are used to in the provider's office. You will still be able to see and talk to each other face-to-face, plus you may even feel more comfortable because you are in your own home.



As with a regular office visit, you'll want to be sure you have any questions ready beforehand to make the most of your virtual visit. A telehealth visit usually lasts around the same amount of time as an in-person visit. It's possible you may have extra wait time because more people are now using telehealth, but it's worth it to not have to leave your home and risk being infected.

If during your appointment, something comes up that can't be handled remotely (like lab work or testing), your provider may ask you to come in the office. Depending on the situation, you may be asked to come in right away or at a later time when it is safer for you to be away from home.

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SPANISH: ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-866-508-7145 (TTY: 711).

FRENCH: ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-866-508-7145 (ATS: 711).

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