Blue Cross and Blue Shield of Louisiana has partnered with the Consortium of Southeast Hypertension Control (COSEHC) to improve health outcomes for patients with cardiometabolic conditions through the AT GOAL program. This was the basis for Quality Blue Primary Care (QBPC).

The medical education activity for this program has been approved for Maintenance of Certification (MOC) Part IV Self-Evaluation of Practice Performance by both the American Board of Internal Medicine and the American Board of Family Medicine. The CME module, called “Aggressively Treating Cardiometabolic Risk Factors to Reduce Cardiovascular Events (AT GOAL),” was approved for 20 points of MOC Part IV credits.

**AT GOAL components** that must be completed prior to applying for Part IV include: Baseline dashboard, required CME modules, submission of practice’s intervention plan and review of at least the practice’s 6-month performance dashboard.

_This is not a required QBPC activity._ But, if you are a physician in these specialties and have completed this activity, you can use AT GOAL to fulfill your Part IV MOC requirement. To do so, please use the following steps to ensure you receive the credits.

**For Internal Medicine Physicians (American Board of Internal Medicine):**

- On the American Board of Internal Medicine website, [www.abim.org/moc](http://www.abim.org/moc), select “Get Information by Specialty” in the top margin.
- Select “Internal Medicine” in the drop-down box.
- On the Internal Medicine page, scroll down toward the bottom of the page and click on the “Use our Practice Assessment Selector Tool” link.
- This link takes you to a page that lists the Approved Optional Pathways (AQI Pathways).
- Find the “Consortium for Southeastern Hypertension Control-Aggressively Treating Cardiometabolic Risk Factors to Reduce Cardiovascular Events” option and click on it. You will then see and select the “Get ABIM MOC Points” link.
- Log in on the next screen using your ID, and complete the AQI Project Report.

The American Board of Internal Medicine will send this report to COSEHC for verification, and then you will receive your credits.

**For Family Medicine Physicians (American Board of Family Medicine):**

- Complete the Physician Attestation Form. This form is available through the American Board of Family Medicine website (https://www.theabfm.org) or by contacting Debra Simmons – COSEHC by email at dwirth@wakehealth.edu to request it.
- Email the completed form to Debra Simmons at dwirth@wakehealth.edu. She will complete the form with the AT GOAL program participation dates and submit it to the American Board of Family Medicine so you receive credit. You can track your progress via your Physician Portfolio at www.theabfm.org.

Questions about the AT GOAL continuing medical education activity should be sent to dwirth@wakehealth.edu.