
Select Prescription Drugs with Over-the-Counter Options Excluded from Coverage

Each year, as new drugs are approved or older drugs change in price, we make changes to how they are covered under our plans. We also remove drugs from coverage, if needed. We make these changes to keep costs down, while still allowing choices in care.

About this list:

This sheet explains which prescription drugs with over-the-counter options are not covered for most Blue Cross or HMO Louisiana, Inc. plans. This is not a full list of drugs that are not covered. Please read your plan booklet for more about excluded drugs, as benefits may vary by group and individual plans.

Common use or health problem	Drug Not Covered <i>These drugs are not covered because they have over-the-counter options.</i>	Over-the-Counter Options <i>You can buy these drugs over the counter.</i>
Acne	benzoyl peroxide products 10% or less strength and combination products (including those with salicylic acid) Examples: BENZEFOAM™ and BENZEFOAMULTRA™, BENZEPRO® products, BENZAC AC® and BENZAC W®, ENZOCLEAR™, VANOXIDE® HC	Store-brand benzoyl peroxide and salicylic acid products, CLEAN & CLEAR® products, NEUTROGENA® products, PANOXYL® products, BPO products, CLEARASIL® products, STRIDEX® products
Allergies	Brand Nasal Steroids BECONASE AQ®, NASONEX®, OMNARIS®, QNASL®, RHINOCORT AQUA®, ZETONNA®	Store-brand fluticasone nasal spray, FLONASE® ALLERGY RELIEF, FLONASE® SENSIMIST™, NASACORT® ALLERGY, RHINOCORT® ALLERGY
Dandruff	Salicylic acid products Examples: KERALYT® products, SALEX® products, SALACYN Selenium sulfide products Examples: selenium sulfide shampoo, SELRX® shampoo, TERSI foam	Store-brand shampoos and solutions, NEUTROGENA® T/SAL® & T/GEL®, SELSUN BLUE® products
Dry Skin	Ammonium lactate products Examples: LAC-HYDRIN® (cream and lotion) Urea containing products Examples: ALUVEA™ cream, METOPIC, REA LO 40®, UTOPIC™ cream, XUREA®	Various store-brand moisturizers lotions or creams, AMLACTIN® products, EXCIPIAL™ products, KERASAL® products

Heartburn

Brand Stomach Acid Reducers

ACIPHEX[®], ACIPHEX[®] SPRINKLE[™], DEXILANT[™], ESOMEPRAZOLE STRONTIUM, lansoprazole 15 mg capsule*, NEXIUM[®] 10 MG, 20 MG, AND 40 MG ORAL GRANULES*, NEXIUM[®] DR CAPSULE, PREVACID[®], PRILOSEC[®], PROTONIX[®], RABEPRAZOLE 10 MG, ZEGERID[®]

Store brand lansoprazole or omeprazole, NEXIUM[®] 24HR, PREVACID[®] 24HR, PRILOSEC OTC[®]

Pain or inflammation

Oral Pain Medication

ANAPROX[®] DS, ATHROTEC[®] 50 and 75, CELEBREX[®], DAYPRO[®], DICLOFENAC 35 MG capsule, EC-NAPROSYN[®], ec-naproxen*, FELDENE[®], FENOPROFEN 200 mg and 400 mg CAPSULES, fenopropfen 600 mg tablet*, FENORTHO[™], ibuprofen suspension, INDOCIN[®] SUSPENSION, INDOMETHACIN 20 MG capsule, ketoprofen 25 mg capsule*, ketoprofen extended release 200 mg capsule*, LODINE[®], meloxicam suspension, MOBIC[®] TABLET and SUSPENSION, NALFON[®] CAPSULE, NALFON[®] TABLET, NAPRELAN[®], NAPROSYN[®] TABLET and SUSPENSION, naproxen sodium er/cr, naproxen suspension, naproxen-esomeprazole, QMIIZ[™] ODT, RELAFEN[®] DS, TIVORBEX[®], VIVLODEX[®], VOLTAREN[®] XR, ZIPSOR[®], ZORVOLEX[™]

ADVIL[®], ALEVE[®], store brand ibuprofen suspension, MEDIPROXEN, MOTRIN[®], store brand naproxen

Topical Pain Medication

DICLOFENAC PATCH, FLECTOR^{®*}, LICART[™], PENNSAID^{®*}, VOLTAREN[®] GEL*

VOLTAREN ARTHRITIS PAIN, store-brand arthritis pain relieving diclofenac sodium

Prenatal Vitamins

Brand Prenatal Vitamins*

BAL-CARE[™] DHA ESSENTIAL*, CITRANATAL[®] 90 DHA*, CITRANATAL ASSURE^{®*}, CITRANATAL B-CALM^{®*}, CITRANATAL BLOOM^{™*}, CITRANATAL[®] DHA*, CITRANATAL HARMONY^{®*}, CITRANATAL[®] RX*, CONCEPT DHA^{™*}, CONCEPT OB^{™*}, DUET[®] DHA*, DUET[®] DHA BALANCED*, ENBRACE HR^{™*}, FOLET ONE^{™*}, KOSHER PRENATAL PLUS IRON*

PRENATAL, ONE A DAY PRENATAL, SMARTYPANTS, MYKIND, store-brand prenatal vitamins

MARNATAL-F*, NATACHEW[®]*, NESTABS[®]
ABC*, NESTABS[®] DHA*, NESTABS[®] ONE*,
NESTABS[®]*, NEXA PLUS[®]*, OB COMPLETE[®]
ONE*, OB COMPLETE[®] PETITE*, OB
COMPLETE[®] PREMIER*, OB
COMPLETE[™]/DHA*, OBSTETRIX ONE*,
OBTREX[™] DHA*, O-CAL*, PNV PRENATAL
PLUS MULTIVIT+DHA*, PREFERA OB[®]*,
PRENATA*, PRENATAL*, PRENATAL 19*,
PRENATE[®] AM*, PRENATE DHA[®]*,
PRENATE[®]*, PRENATE ELITE[®]*, PRENATE[®]
ENHANCE*, PRENATE ESSENTIAL[®]*,
PRENATE MINI[®]*, PRENATE PIXIE[®]*,
PRENATE[®] RESTORE*, PRENATE[®] STAR*,
PRENATE[®]*, PRIMACARE[™]*, PROMAR*,
PROTECTBONE*, PROVIDA OB[™]*, PUREFE
OB PLUS*, R-NATAL OB*, RENAX*, SELECT-
OB[®]*, SELECT-OB[®]+DHA*, SYNAGEX*,
THRIVITE RX*, TRICARE[®] PRENATAL DHA
ONE[®]*, TRICARE[®]*, TRISTART[™] DHA*,
VITAFOL[®] FE*, VITAFOL[®] GUMMIES*,
VITAFOL[®] ULTRA*, VITAFOL[®]-NANO*,
VITAFOL[®]*, VITAFOL[®]-OB*, VITAFOL[®]-
OB+DHA*, VITAFOL[®]-ONE*, VITAMEDMD[®]
ONE RX/QUATRE*, VITAMEDMD[®]
REDICHEW[®] RX*, VITAPEARL[™]*,
VITATRUE[®]*, VP-PNV-DHA*

Key: BRAND medications are listed in UPPER CASE and generics in lower case.

*Added to this list effective Jan. 1, 2021.